

**ROWAN UNIV GIRLS HS OPEN
CHAMPIONS 2000-2006
INDIVIDUAL EVENTS**

Note: Bold denotes meet record.

100m Hurdles

2006	Krystal Cantey	Winslow Twp.	14.17
2005	Krystal Cantey	Winslow Twp.	14.90
2004	Imani Gilliam	Pennsauken	14.41
2003	Imani Gilliam	Pennsauken	14.5
2002	Latoya Carmichael	Woodrow Wilson	14.4
2001	Kristina Keegan	Haddonfield	14.83
2000	Pam Richardson	Edgewood	15.0

100m Dash

2006	Shavon Greaves	Lakewood	11.68
2005	Castron, Nicole	Jackson Memorial	12.25
2004	Jamillah Nock	Woodrow Wilson	12.27
2003	Ariel Brockman	Cherokee	12.3
2002	Latoya Carmichael	Woodrow Wilson	12.23
2001	Latoya Carmichael	Woodrow Wilson	12.18
2000	Amandia Rhett	Moorestown	11.8

200m Dash

2006	Krystal Cantey	Winslow Twp.	24.21
2005	Castron, Nicole	Jackson Memorial	24.70
2004	Avion Sloan	Camden	24.86
2003	Krystal Cantey	Winslow Twp.	25.2
2002	Jennifer Jackson	Eastern	25.45
2001	Latoya Benson	Washington Twp	24.95
2000	Amandia Rhett	Moorestown	24.1

400m Dash

2006	Avionne Sloan	Camden	55.23
2005	Brittany Whitehead	Cherry Hill West	56.2
2004	Avion Sloan	Camden	57.20
2003	Jenelle Wilson	Eastern	57.2
2002	Jenelle Wilson	Eastern	57.26
2001	Tonya Williams	Pemberton	57.61
2000	Danielle Myricks	Willingboro	56.7

800m Run

2006	Danielle Tauro	Southern	2:16.50
2005	Miya Johnson	Lenape	2:22.30
2004	Renee Tomlin	Ocean City	2:14.62
2003	Lauren Lewis	Southern Regional	2:17.7
2002	Taneshia Pittman	Woodrow Wilson	2:16.66
2001	Erin Donohue	Haddonfield	2:08.87
2000	Holly Cosnett	Haddonfield	2:14.6

1600m Run

2006	Danielle Tauro	Southern	4:45.70*
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*1500m

2005	Katie Van Horn	Triton	5:05.80 ⁺
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⁺1 mile

2004	Vanessa Wright	Haddonfield	5:05.92
2003	Arianna McKinney	Highland	5:15.8
2002	Meghan Hughes	Moorestown	5:15.42
2001	Lindsey Thomas	Overbrook	5:10.23
2000	Erin Donohue	Haddonfield	4:54.0

3200m

2006	Amanda Marino	Jackson Memorial	10:57.52*
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*2 miles

2005	Amanda Marino	Jackson Memorial	11:15.80
2004	Lisa Burkholder	Cherokee	10:54.95
2003	Katie Van Horn	Triton	11:22.3
2002	Kim Bonner	Shawnee	11:31.6
2001	Kelsey Rinehart	Moorestown	11:29.94
2000	Jenna Darcy	Shawnee	11:22.0

400m IH

2006	Shquanda Meylor	Woodrow Wilson	1:00.55
2005	Brittany Caserta	Highland	1:03.90
2004	Andrea March	Washington Twp	1:05.51
2003	Delicia Sample	Kingsway	1:05.5
2002	Kristina Keegan	Haddonfield	1:03.89
2001	Tenille Payne	Edgewood	1:03.69
2000	Pam Richardon	Edgewood	1:03.7

5000m Run

2006	Jennifer Clausen	Jackson Memorial	17:39.40
2005	Jennifer Clausen	Jackson Memorial	17:51.53
2004	Colleen O'Donnell	Atlantic City	18:45.39
2003	Kathleen Galan	Highland	18:37.3
2002	Christa Johnson	Bishop Eustace	19:10.61
2001	Brittany McCann	Delsea	18:30.22
2000	Taneshia Pittman	Woodrow Wilson	19:25.2

2000m Steeplechase

2006	Lisa Jones	Oakcrest	7:42.80
2005	Lisa Jones	Oakcrest	7:33.27
2004	Danielle Tauro	Southern Reg	7:18.30
2003	Kate Willever	Hopewell Valley	7:25.43
2002	Kathryn Wardenski	Southern Reg	7:30.43
2001	Kathryn Wardenski	Southern Reg	7:28.50
2000	Lindsay Scarborough	Lenape	8:07.8

High Jump

2006	(tie) Brianna Gray, Haddon Heights		5'2"
	Melissa Meinbreese, Clearview,		
	Lisa Shepherd, Oakcrest		
2005	Brianna Gray	Haddon Heights	5'4"
2004	Laura Passalacqua	Rancocas Valley	5'4"
2003	Abby Campbell	Shawnee	5'2"
2002	Dominique Ward	Lenape	5'2"
2001	Lisa Scherer	Jackson	5'4"
2000	Brooke Minor	Kingsway	5'5"

Long Jump

2006	Jacqueline Nisbitt	Woodbury	17'3 1/4"
2005	Jessica Kloss	Moorestown	17'0 1/2"
2004	Nicole McMullen	Lawrence	17'01 1/4"
2003	Joell Whitley	Triton	16'10 1/2"
2002			
2001	Tisifinee Taylor	Woodbury	17'3 1/2"
2000	Katie Connor	Washington Twp	17'1"

Triple Jump

2006	Lauren Kilson	Clearview	35'9 1/4"
2005	Jessica Mills	West Deptford	36'9"
2004	Deserea Byrd	Highland Regional	34'9 1/2"
2003	Joell Whitley	Triton	36'1"
2002	Dominique Ward	Lenape	32'5"

Shot Put

2006	Mercedes Hicks	Atlantic City	43'6 1/2"
2005	Mercedes Hicks	Atlantic City	39'10 1/2"
2004	Sylvia Galarza	Millville	41'11"
2003	Rose Perry	Riverside	40'8 1/4"
2002			
2001	Amanda Thompson	Camden	38'4 1/2"
2000	Dana White	Camden	39'1 1/2"

Discus

2006	Kimberly Warren	Atlantic City	135' 7"
2005	Kimberly Warren	Atlantic City	120'9"
2004	Jocelyn White	Delsea	164' 7"
2003	Sylvia Galarza	Millville	137'0 "
2002			
2001	Rose Perry	Riverside	120'11"
2000	Betsy Kennedy	Delran	128'11"

Javelin

2006	Eileen Batten	Absegami	115' 11"
2005	Jeanine DePasquale		120' 98"
2004	Erin Lagarenne	Voorhees	120' 8"
2003	Brigid Marquess	Haddonfield	116' 0"
2002			
2001	Erin Donohue	Haddonfield	135'4"
2000	Erin Donohue	Haddonfield	121'11"

Pentathlon

2006	Brittany Claybourn	Oakcrest	2,868 pts
2005	Tabitha Haskins	Shawnee	3,024 pts
2004	Anna Heim	Moorestown	
2003	Laura Rhoads	Moorestown	2,543 pts
2002	Sharon Heilig	Eastern	2,962 pts
2001	Meredith Howell	Hammonton	2,353pts
2000			

MS 800m Run

2006	Becka Barner	Haddonfield MS	2:27.9
2005			
2004	Jillian Smith	Southern Regional	2:32.54
2003	Maggie Lupinski	Haddonfield M.S	2:24.67
2002			
2001	Ashley Miotkiewicz	Goetz MS	2:28.77
2000			

MVP Track

2006	Danielle Tauro	Southern Reg	
2005	Tabitha Haskins	Shawnee	
2004	Lisa Burkholder	Cherokee	
2003	Jenelle Wilson	Eastern	
2002	Latoya Carmichael	Woodrow Wilson	
2001			
2000			

MVP Field

2006	(co) Mercedes Hicks Kim Warren	Atlantic City	
2005	Jessica Mills	West Deptford	
2004	Jocelyn White	Delsea	
2003	Joell Whitley	Triton	
2002	Dominique Ward	Lenape	
2001			
2000			

ROWAN UNIV GIRLS HS OPEN CHAMPIONS 2000-2006 RELAY EVENTS

Note: Bold denotes meet record.

4x100

2006	Washington Twp	48.70
	S. Smith, A. March, J.Dim, M. Fasolino	
2005	Haddon Heights	49.70
	H. Massaquoi, J. Walker, M. Palmer, C. Adams	
2004	Jackson Twp	49.22
2003	Eastern	48.91
	J. Wilson, J. Jackson, S. Heilig, B. Wright	
2002		
2001	Woodrow Wilson	48.57
	L. Carmichael, S. Barron, A. Loveland, J. Nock	
2000	Camden	49.1
	R. Walker, D. White, C. Bonner, H. Fisher	

4x200

2006	Woodrow Wilson	1:40.50
	T. Jones, S. Meylor, J. Still, S. Sharper	
2005	Woodrow Wilson	1:41.50
	S. Alston, S. Loper, S. Sharper, C. Blue	
2004	Jackson Twp	1:43.57
2003	Eastern	1:41.57
	J. Wilson, B. Wright, K. Barkley, J. Jackson	
2002		
2001	Camden	1:41.87
	R. Walker, C. Bonner, D. Hehle, H. Fisher	
2000	Moorestown	1:42.8
	A. Ward, M. Mann, D. Lyons, A. Rhett	

4x400

2006	Oakcrest	4:03.10
	N. Grimes, S. Brown, J. Okoth, N. Snapp	
2005	Woodrow Wilson	4:01.00
	T. Jones, J. Sharper, S. Alston, M. Nwoga	
2004	Jackson Twp	4:01.37
2003	Jackson Twp	4:02.2
	N. Montgomery, A. Arneth, J. Shia, L. Blake	
2002		
2001	Edgewood	4:03.12
	C. Smith, S. Fleming, B. Garke, S. Saleem	
2000	Washington Twp	3:57.8
	(K. Connor, L. Rice, D. Savvas, L. Benson)	

4x800

2006	Lenape	9:43.60
	A. Royds, M. Johnson, C. Kokser, V. LaPointe	
2005	Ocean City	9:35.00
	E. Walsh, A. Moreland, K. Minehan, R. Tomlin	
2004	Highland Regional	9:44.48
2003	Woodrow Wilson	9:48.53
	T. Pittman, T. Carter, C. Benson, J. Sharper	
2002		
2001	Lawrence	9:56.18
	A. Thompson, C. Rivera, K. Zopolski, A. Calvo	
2000	Cherokee	10:09.4
	L. Arque, J. harms, K. Viggiano	

Distance Medley

2006	Southern Regional R. Ruggiano, J. Smith, J. Bergin, D. Tauro	12:25.60
2005	Ocean City	12:25.30
2004	Ocean City	12:07.09
2003	Ocean City A Moreland, R. Tomlin, M. Minehan, B. Sedberry	12:31.6
2002		
2001	Jackson L. Kaba, M. Monaghan, J. Leahy, J. Prenergrast	13:04.95
2000	Shawnee D. Palumbo, C. Bigelow, H. McGarvie, J. Darcy	12:41.1

4x1600/4x1500

2006	Cherry Hill East (4x1600) C. Johnson, M. Showers, A. Chodoff, T. Cattuna	21:44.70
2005	Brick Twp (4x1500)	20:21.10
2004	Cherokee (4x1600)	21:48.31
2003	Haddonfield (4x1500) V. Wright, A. Booker, J. Sobolewski, C. Duff	20:07.1
2002		
2001	Southern (4x1600) (K. Wardenski, D. Hagler, H. Scully, L. Lewis)	21:29.38
2000	Haddonfield (4x1600) M. Mulholland, E. O'Donnell, H. Cosnett, E. Donohue	20:48.7

Sprint Medley

2006	Southern Regional J. Bergin, J. Smith, A. Furlong, D. Tauro	4:07.00
2005	Woodrow Wilson S. Alston, S. Sharper, C. Blue, J. Still	4:10.50
2004	Ocean City	4:10.67
2003	Southern Regional E. Tegeder, C. Gray, C. Gray, L. Lewis	4:05.1
2002	Woodrow Wilson L. Carnichael, J. Nock, T. Pittman, L. Thomas	4:06.93
2001	Willingboro H. Bashir, C. Hamilton, O. Ogbuerkiri, R. Mann	4:17.44
2000	Ewing J. Campbell, M. Jackson, N. Dorival, M. Rhoden	4:10.2

Shuttle Hurdles

2006	Jackson Twp B. Johnson, N. Montegary, K. Chin, J. Fortune	1:04.10
2005	Southern Reg P. Harder, A. Furlong, D. Foster, B. Knowles	1:05.60
2004	Jackson Twp	1:03.06
2003	Jackson Twp B. Johnson, N. Montegary, K. Chin, J. Fortune	1:02.6
2002	Edgewood	1:06.3
2001	Edgewood P. Richardson, K. James, T. Payne, E. Mitchell	1:03.3
2000	Washington Twp. C. Velasco, B. Marshall, T. Logan, A. Radzimirski	1:07.9

3x400 IH

2006	Washington Twp.	3:26.00
2005	Kingsway M. Carrocino, N. Stecher, T. Fromm	3:27.80 12:25.30
2004	Ocean City	3:29.02
2003	Jackson Twp A. Arneth, K. Chinn, S. Knox	3:22.13
2002	Edgewood T. Payne, S. Fleming, M. Gantt	3:15.51
2001	Edgewood	3:15.20
2000	Edgewood L. Liberto, B. Garlic, T. Payne	3:26.0

800m Medley Relay

2006	Camden S. Alston, B. Sewell, K. Smalls, A. Sloan	1:45.00
2005	Winslow Twp K. Cantey, M. Carter, A. Davy, D. Merchant	1:46.80
2004	Camden	1:48.54
2003	Eastern S. Heilig, B. Wright, J. Wilson, J. Jackson	1:45.68

MS 4x100m Relay

2006	Haddonfield	52.6
2005		
2004	Camden/Willis	53.48
2003	Camden/Willis C. Wilson, A. Thompson, C. Tribett, S. Sharper	53.71
2002		
2001	Woodbury J. Wilson, K. Saters, L. Cuff, K. Moody	54.72